

**CONSULT / INJURY CONSULT  
PATIENT CONTACT INFO & RELEASE**



Sports & Physical Therapy

Date: \_\_\_\_\_

**PERSONAL INFORMATION**

Legal Name \_\_\_\_\_ Preferred Name \_\_\_\_\_  
First Middle Initial Last

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Male  Female Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ SSN \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_ Work Phone \_\_\_\_\_

Appointment Reminders  Email  Text  Voice If text or voice, which number? \_\_\_\_\_

Employer \_\_\_\_\_

Employer Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Spouse Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Minor - Parent(s) Name(s) \_\_\_\_\_ Phone Number \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone Number \_\_\_\_\_

Emergency Contact Relationship to Patient \_\_\_\_\_

**COACH / TRAINER INFORMATION**

Coach/Trainer Name \_\_\_\_\_ Phone Number \_\_\_\_\_

**MEDICAL HISTORY**

Date of Injury \_\_\_\_\_ Primary Care Physician \_\_\_\_\_

**FINANCIAL / RELEASE INFORMATION**

***Charges, if applicable, for this treatment and any supplies dispensed are due and payable at the time of treatment unless prior arrangements have been made.***

***Medical Release: I authorize Rebound Sports & Physical Therapy to release information from my file to my coaches, trainers, employer, or doctors as needed.***

***I certify that I have reviewed and understand the above information supplied by me and that it is true and correct to the best of my knowledge. I hereby consent to such treatment, procedures, patient care, and therapy supplies, which, in the judgment of my therapist and/or physician, may be considered necessary or advisable while a patient at Rebound Sports & Physical Therapy.***

**Patient/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**CONTINUED ON BACK**

# PATIENT HEALTH QUESTIONNAIRE



Sports & Physical Therapy

## CURRENT SYMPTOMS

1. Describe your symptoms \_\_\_\_\_  
a. When did your symptoms start? \_\_\_\_\_  
b. How did your symptoms begin? \_\_\_\_\_  
c. What activities produce your symptoms/make them worse? \_\_\_\_\_

2. What describes the nature of your symptoms?  
 Sharp     Shooting     Dull Ache     Burning     Numb     Tingling

3. How are your symptoms changing?  
 Getting Better     Not Changing     Getting Worse

4. During the past 4 weeks:
- |   |      |   |   |   |   |   |   |   |   |   |    |  |       |
|---|------|---|---|---|---|---|---|---|---|---|----|--|-------|
|   | NONE |   |   |   |   |   |   |   |   |   |    |  | WORST |
| a. Indicate the worst intensity of your symptoms:   | 0    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |  |       |
| b. At best, what is the intensity of your symptoms: | 0    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |  |       |

5. Who have you seen for your symptoms?     No One     Medical Doctor     Chiropractor  
 Physical Therapist     Other

6. What is your occupation? \_\_\_\_\_

## MEDICATIONS/ALLERGIES

If you are currently taking any medications please list below:

Medication	
1	
2	
3	
4	

Are you allergic to any medications? YES/ NO  
if YES, what? \_\_\_\_\_

Any other known allergies? YES / NO  
if YES, what? \_\_\_\_\_

Please provide details of any recent/relevant surgeries below:

Surgery / Procedure	Date