



Sports & Physical Therapy

Dear Manual Lymphatic Drainage Patient,

Manual Lymphatic Drainage (MLD) is not indicated for all clients and should not be performed under certain medical conditions. The most common contraindications for MLD are listed below. Please note that the list of possible contraindications, especially for the abdominal region, could be much longer. Treating some medical conditions with MLD is strictly prohibited, some conditions may require a physician's approval.

Please check YES if you have ever (in your life) had, or you presently do have, any of the following:

	YES
Acute cellulitis	
Untreated congestive heart failure	
Acute untreated deep venous thrombosis	
Fever	
Malignant disease (active cancer)	
Renal dysfunction	
Cardiac arrhythmia	
Hyperthyroidism	
Hypersensitivity of the carotid sinus	
History of, or risk of, arteriosclerosis	
Pregnancy	
Menstrual period	
Recent abdominal surgery	

	YES
Radiation fibrosis, R. colitis, R cystitis	
After pelvic D.V.T.	
Crohn's disease	
Diverticulitis and diverticulosis	
Liver cirrhosis	
Abdominal aortic aneurysm	
Unexplained pain	
Implanted devices, e.g. drains, feeding tubes, colostomy bags, morphine pumps	
Other	
Osteoporosis	
Radiation fibrosis	
Bone metastases	
Hormone therapy (i.e. Tamoxifen)	

I certify that I have reviewed and understand the above information supplied by me and that it is true and correct to the best of my knowledge. I hereby consent to such treatment which, in the judgment of my manual lymphatic drainage therapist, may be considered necessary or advisable while a client at Rebound Sports & Physical Therapy.

Client/Guardian Signature _____ **Date** _____